

We have a School Nurse based in school. Stacey is in school on a Tuesday morning and will work with individual children, groups of children and meet with our grown-ups about their children.

Our School has a

School Nurse



Who helps with

Anxiety. Anger. Attachment. Bereavement.
Behaviour. Continence. Drug and alcohol support. Experience of domestic abuse.
Food issues. Hearing testing. Height and weight.
Healthy relationships. Harmful sexual behaviour.
Looking for signs of Autism. Looking for signs of ADHD. Keeping safe online. Other mental wellbeing. Parenting support. Physical health concerns. Relationships & Consent. Respecting diversity. Risk taking behaviours. Speech and language. Self-esteem. Sleep issues. Self-harm. Sensory profiling. Sexual health. Trauma. Therapeutic interventions. Understanding feelings. Understanding friendships. Vision testing. Vaping advice.

We pay for the School Nurse as a school for the benefit of pupils and parents.

Grown-ups can book individual appointments with Ciara through the school office in person, by phone 01912851957 or via email office@archibaldfirstschool.co.uk

www.myschoolhealth.co.uk

Physical Health

- Advice and planning around medical conditions
- Response to injury/illness at school
- Planning after incidents/accidents
- Advice around medicines in schools
- Diet and nutrition advice with referral on
- Sensory assessment and programmes of sensory support
- Referral to health services for assessment
- Advice around allergies in schools
- Advice around managing children with asthma or epilepsy in schools
- Speech and language assessment, targeted interventions and referral to specialist Services
- Smoking/Vaping/Substance use interventions
- Sexual health advice
- Pregnancy and Options support
- PHSE lesson delivery in all year groups
- Assemblies around health issues
- Childhood development assessment, advice and support
- OT referral and initial advice
- Hearing and vision tests
- Height and weight measurements

Emotional Health

- Sleep assessment and intervention programmes
- Anxiety interventions
- Bereavement interventions
- Self esteem interventions
- Social capacity building
- Support for children with adverse childhood experiences
- Support for children with attachment Issues, trauma and shame
- Anger management interventions
- Understanding feelings interventions
- Understanding body changes interventions
- Building emotional resilience interventions
- Post pandemic catch up interventions
- Relationship advice including healthy/unhealthy relationships
- Self esteem interventions
- Managing tricky friendships interventions

Mental Health

- Understanding mental health interventions
- Self harm interventions
- Suicidal ideation or intent interventions and referral
- Support and referral for children developing mental health issues
- Advice around safeguarding young people with mental health issues
- Referral to CYPs/CAMHS/Crisis Teams
- Urgent care and support for a young person from a qualified Mental Health First Aider/Responder
- Identification, evidence building and referral for neurodiverse children with post diagnostic advice

